

# Shetland *arts*

## 2021 - 2022: Quarter 1

Report of activity relating to Priority Areas of Activity Statements

Case Studies: Refresh Now, Student Showcase, Community Arts Practice (appendix)

Interim Key Performance Indicator Statistics (appendix)



Supported by



# Priority Area: Youth Arts

*Shetland has a vibrant Youth Arts scene provided by a range of individuals and groups. We will support and contribute to this provision, create and sustain engagement, and nurture creativity and talent through an annual programme of access-level cross-artform workshops, artform specific "intensives", high-quality music and drama productions and subsidised access to events and activities.*

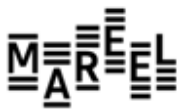
## Q1 in numbers

**2 Concerts / Screenings / Exhibition days**  
**69 Audience attendances**  
**37 Development Sessions**  
**414 Participations**

**Shetland Youth Theatre** with **Stephenie Pagulayan** had a spectacular quarter, being selected in May to represent their production, *Tuesday*, for the **National Theatre Festival**, from among over 150 other youth drama companies across the UK. The **National Theatre** sent a film crew up to Shetland in June to film their production live, ready for a national showcase in the online Festival in September.

**Film Crew Jnr and Snr** with **Keiba Clubb** continued to work on their film skills, developing their knowledge of cameras, sound, and storyboarding.

Seven projects, involving twelve creative practitioners, were awarded **Creative Scotland Youth Arts Grant funding**. These projects will run over the year until March 2022, and encompass an eclectic range of arts practice. **David Boyter** will be delivering music technology sessions online using BandLab. **Helen Robertson** will be offering a range of online sessions exploring textile arts, with the aim of pushing young people's skills and experimentation in these areas. **Margaret Robertson** is making plans to run a hybrid Trad Big Band course for young musicians culminating in a concert performance. **Neila Nell and Katie Leask** will work with **The Bridges Project** on design focused workshops with outcomes decided by the participants themselves. **Renzo Spiteri, Jenny Sturgeon and Gaby Giacchino** plan to deliver collective music-making workshops. **Jane and Tom Cockayne** will work with young people at **Scalloway School and Eric Gray @ Seafield** to create interactive sensory touch board that respond with sound when activated. **Keiba Clubb, Alex Purbrick and Jane Cockayne** will be creating films inspired by local history, folklore and geology/landscape with the **Ability Shetland** group in Northmavine, and schools in Unst.



Supported by



# Priority Area: Education & Learning

*Our Education & Learning programme is diverse and offers provision at all levels. From the highly successful schools outreach work run from Bonhoga, through to our formal education programme delivered under contract and in partnership with Shetland College UHI, and informal opportunities such as regular cross-artform workshops, business development, masterclasses and Creative Insight events.*

## Q1 in numbers

**1 Concerts / Screenings / Exhibition days**  
**180 Audience attendances**  
**169 Development Sessions**  
**506 Participations**

After a year of difficult teaching conditions due to COVID, the first quarter has been spent finishing course work for our music and film courses delivered in partnership with UHI. Despite the on-going COVID restrictions Shetland students managed to produce encouraging results.

Secondary students from Shetland schools attend Mareel every second week to participate in the **Skills for Work (SFW) Creative Industries** and **Creative Enterprise** courses

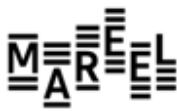
15 students successfully completed all the outcomes required to achieve the **Creative Industries National Progression Award**. Another 10 students completed the **Creative Enterprise** course.

Q1 was a busy period for the **NC Creative Industries** students. The academic year end was spent completing assessments, presentations, reports and the last of their practical project work. 5 students successfully achieved the NC group award.

**HNC Music** only had one student who completed the year with an A for his graded unit. It's worth noting that Shetland Arts uses a model of composite classes which means that NC film, NC Music and HNC music regularly work on projects at the same time. So, even though there was only one HNC student, they still had the opportunity to be involved in a large cohort and learning community that effectively supported their learning experience throughout the year.

The **BA Applied Music** is delivered remotely through video conference by the UHI. 4 Shetland based students achieved sufficient grades to progress onto their next year of study. In addition, another student completed their final year of the BA with a first-class Honours degree.

The **BA Contemporary Film** course, also delivered primarily online, continued with 7 locally enrolled students. Several students had challenges with completing projects during lockdown but the UHI Mitigating Circumstances process allowed all students to carry forward assessments when required, meaning all students have progressed with their learning journeys.



Supported by



**Masters' students** submitted their final reflective evaluation for the **Digital Music Production** and **Film and Creative Practice** modules which are taught to post grad students via VC. In total 7 students passed out MA level modules in Q1.

As an end of year celebration, students held a student showcase event in the Mareel Auditorium (see Case study)

## Priority Area: Arts & Well-being

*The value of arts to personal and community development is becoming increasingly recognised in Shetland. We will continue to develop our Arts & Wellbeing work through the support of groups which use the arts as a vehicle to wellbeing, providing activities for individuals in care settings and providing free access to events or activities for individuals who have been referred by medical, care or support professionals.*

### Q1 in numbers

**0 Concerts / Screenings / Exhibition days**  
**0 Audience attendances**  
**17 Development Sessions**  
**246 Participations**

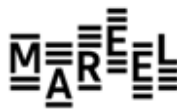
**Mindful Makkin** with **Helen Robertson** continued this quarter, proving ever popular with local, national and international participants alike. The sessions proved so successful that the participants have set up their own multi-national zoom sessions to continue over the summer so that they continue to meet weekly for their mindful knitting.

**Culture Collective** is a national programme funded by Creative Scotland, aiming to contribute to inclusive and community-led Covid-19 recovery – particularly for older folk, those struggling with their mental health, people at risk of isolation, and young people.

The project will also support creative practitioners financially and through development and peer support sessions.

Shetland Arts is leading a year-long consortium project alongside Pier Arts Centre, Taigh Chearsabhagh and An Lanntair. Maya Darrell-Hewins was recruited as project manager and started work in June, holding meetings with partner organisations to develop a shared approach to the project.

An expression of interest call-out for creative projects in Shetland went live at the end of June with 32 Expressions of Interest received. 41% of these were 'new' applicants, who had not worked with Shetland Arts as practitioners before.



Supported by





# Priority Area: Development & support

*The development and support of individuals and groups, along with the promotion of excellence and experimentation, is integral to our work. This includes the provision of funding both directly and through signposting, access to equipment and facilities, paid work placements, volunteering opportunities, commissioning productions and providing support and training to allow creatives to access new markets. We will continue to provide numerous paid opportunities for freelance artists, education staff and performers.*

## Q1 in numbers

**120 Concerts / Screenings / Exhibition days**  
**4,524 Audience attendances**  
**21 Development Sessions**  
**102 Participations**

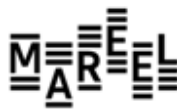
**VACMA Round 3** saw the last of this round of funding awarded to four local artists to develop their practice. The fund is supported by Creative Scotland, Shetland Islands Council and Shetland Arts.

**Curated Retail at Bonhoga** has included the **Summer Craft Fair**, a second partnership with Shetland Arts & Crafts after the successful Christmas Craft Fair. The Summer Craft Fair once again gives local crafts makers the opportunity to display and sell their work in a COVID safe environment and to earn income during a challenging time. The craft fair continues until September and has been popular with locals and tourists alike.

The **Refresh Now Retail** commissions resulted in orders for 6 of the 11 makers who received £500 development funding to create prototype products. The products include a replica broch egg cup, tea towels featuring collages of historic Shetland photographs and brightly coloured fair isle designs and a kit to knit your own bannocks and saat beef. All products are now on sale at Bonhoga, Mareel and ShetlandMade at Sumburgh.

**ShetlandMade** reopened at Sumburgh Airport at the end of June. The shop features work from 14 local artists and makers, as well as partnerships with the Shetland Times Bookshop and Shetland Soap Company.

Our **Upskilling** programme, funded through Creative Scotland covid relief support, continued with 3 strands designed to provide paid Continuing Professional Development to a range of creative practitioners. The 3 strands were **Filming Live Performance** (delivered in conjunction with the Refresh Now programme), **Streaming Live Performance**, and **Community Arts Practice**. A Case Study shall be provided for each, with Community Arts Practice featured this quarter.



Supported by



# Priority Area: Programming

*We offer a varied and engaging programme of events, exhibitions, screenings and festivals across a range of artforms, including film, music, drama, literature, visual art, craft, dance and digital. We also provide spaces and support for other promoters and groups to stage their shows.*

## Q1 in numbers

**928 Concerts / Screenings / Exhibition days**  
**17,028 Audience attendances**  
**13 Development Sessions**  
**90 Participations**

Covid restrictions throughout March meant a quiet time for the public facing side of programming, however behind the scenes work was underway across all departments to get ready for the launch of **Refresh Now** in April. Sixteen new works were available online premiering throughout April, meaning new work was appearing each week. Further to this, works by **Vivian Ross-Smith** were performed in three locations around Shetland, and audiences could find **Renzo Spiteri's** work the Northlink Terminal and Sumburgh Airport. A relaxation in restrictions and the reopening of Bonhoga and Shetland Museum meant that three works could be found showing in these locations.

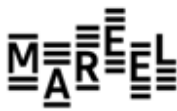
Four performance pieces were commissioned for the Garrison, with the original hope that they could be seen in situ. However as the Covid situation progressed, the decision was made to film these and show them online. A further five new live performances by contemporary Shetland bands were filmed, edited and recorded as EPs. These videos were also available online.

All of the commissions, plus the music videos plays were available online until the end of May. For a full list of the artists and works, please see the Case Study.

May saw the return of the popular **Live@Lunch** series, bringing theatre, music and comedy to a daytime audience. We kicked off with a screening of **Shetland Youth Theatre's** production of Tuesday - their entry into the National Theatre's Connections programme.

The end of June, and the beginning of the summer holidays, saw a visit from **The Swings** by **All or Nothing Aerial Dance Theatre**. Standing at 5m tall, The Swings offered four free shows, plus time for the public to have a turn in King George V playpark in Lerwick.

This first quarter also saw the fabrication of all four sculptures for the **LOCUS Public Art Project** in partnership with local industry professionals **Lerwick Engineering & Fabrication Ltd., Garriock Bros Ltd. and Malakoff Ltd.** All the site works were carried out by Garriock Bros, including excavation and laying of foundations for the works at three of the four locations in Lerwick ahead of the installation at the end of June. The LOCUS trail map and guide was designed by **Chloe Keppie**. Originally from Gulberwick, Chloe is a graphic designer completing her final year of Communication Design at the Glasgow School of Art. Her trail map will be available alongside a short film of the project with background information on each of the artists involved and an audioguide with contributions from each of the artists.



Supported by



## Priority Area: Mareel Recording Studio

*Maximising Mareel's digital production facilities (principally for music and video recording and broadcast), we will provide opportunities for musicians and producers to generate revenue and Intellectual Property.*

### Q1 in numbers

**0 Concerts / Screenings / Exhibition days**

**0 Audience attendances**

**19 Development Sessions**

**48 Participations**

Q1 saw the return of some normality at **Mareel Recording Studio**, with work being resumed on a few long-term projects, notably **Freda Leask** and **Adam Guest**. There were some smaller sessions with local musicians **Ryan Couper**, **Peter Alec Kay** and pianist **Paul Nairn**, as well as TV soundtrack work for **NB Communications** and sessions to record content for the **Scottish Book Trust's** Bookbug app.

At the end of June, Orkney group **FARA** travelled north for a week to record their new album, produced by **Seonaid Aitken** and engineered by our own **Tim Matthew**, with mixing due to take place in the Mareel Recording Studio in August.



Supported by



# Case Study: Refresh Now

Shetland Arts was a recipient of Creative Scotland's initial Performing Arts Venue Relief Fund, distributed in 2020 as part of the Covid-19 recovery measures. With a remit to use the funds to employ and empower creatives at a difficult time, Shetland Arts focused the funds on facilitating opportunities for new work through a series of commissions under the banner "Refresh Now".



Refresh Now comprised of 4 strands – commissions, theatre, music and craft and included opportunities for film-makers to upskill through a mentoring programme. The initial commissioning process began in December 2020, with the performance work, theatre and music performances premiered online and in various locations around Shetland in April 2021. The craft for retail is being made available for sale from summer 2021.

The commissions element of Refresh Now saw a wide variety of proposed new works being disseminated in many different and innovative ways. The six successful commissions excited the panel with the artists commitment to pushing their creative limits and adapting to the change

required within the restrictions in place at the time of development. The breadth and scope of the commissions also meant that Refresh Now became a Shetland Arts-wide project, with Programming, Production, Marketing and Creative Projects teams working across the programme to realise the works.

## Refresh Now Commissions:

- Wildie & Lalla - **Catriona Macdonald** worked with **Shona Main** to create a piece of film and dedicated composition exploring her responses to being in the homes of Jessie Saxby, a Victorian-era writer who lived and lost her child in Unst. This was screened in Bonhoga and online.
- Sonic Interactions – **Renzo Spiteri** created a series of four short films using footage and field recordings from four specific sites in Shetland. These were screened in the Northlink Ferry Terminal, Sumburgh Airport and online.



Supported by



- The Muckle Stane – Musician **Jenny Sturgeon**, artist **Gilly Bridle** and poet **Jen Hadfield** collaborated on an animated film telling a modern fable of how a village responded to a large stone rolling into their lives. This was screened in Bonhoga and online.
- A Life o Wir Choosin – **Isleburgh Drama Group** presented a new work, exploring the lives of gutting girls, as a radio play. This was screened online.
- The Island is the Gallery – **Vivian Ross-Smith** developed further on her creative practice, exploring new ways to present visual art by taking new wearable pieces into three outdoor locations in Shetland to interact with the public. This was a live event with a short film produced to show online.



*The Muckle Stane*

### Refresh Now Theatre:

Shetland Arts made four theatre commissions to companies who created work to revive the Garrison Theatre. The original hope was to bring audiences into the theatre to see the plays, however with the lockdown in March, plans had to change and the companies swiftly adapted their works to be filmed (still in the Garrison) and shown online.

- Delivery Note – A double-bill of new work from **Jacqueline Birnie and Kathy Hubbard** (Da CHoys), referencing the challenges experienced by delivery workers on the front-line during Covid.
- The Rag Tree – **John Haswell** reworked his play exploring themes of stigma and intolerance around HIV/Aids in light of the relevance to reactions to Covid.
- **The Imposters** – Shetland's only dedicated improv group produced a show, conforming throughout to the challenged of social distancing.
- You Made Me – The first in a trilogy of new works by **Stephenie Pagulayan** and produced by **Isleburgh Drama Group**.



*The Island is the Gallery*



*The Imposters*

### Refresh Now Music:

Five bands were given the opportunity to produce new live EPs with a film of their performance made by local film-makers advancing their career through an upskilling opportunity led by **Simon Thompson** as part of the Upskilling project. This package meant bands received a fee,



an EP recording mixed and mastered at Mareel Recording Studio and a professionally edited live performance film. The bands selected formed a large cross-section of Shetland's contemporary music scene; **Peter Alec Trio, Ten Tonne Dozer, SHEER, The Stoals and Grimlok.**

Viewing figures overall were encouraging, with 11,564 (realistic) viewings being recorded across the entire output on Shetland Arts social media channels. The Muckle Stane had the most views online, whilst Vivian Ross-Smith's Instagram takeover boosted engagement in her real-life performance pieces. Drama did less well, perhaps due to the longer length of the piece and the music commissions had the most live commenting during their premieres.



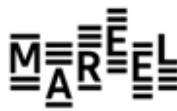
*Grimlok*

As well as being promoted through Shetland Arts usual social media, online channels and box office, Refresh Now was picked up by the local and national press and promoted heavily. Interviews with the five commissioned artists were broadcast by Radio Shetland, Visual arts pieces were shared by Art North, Art Mag and Look Again Aberdeen. Shetland Forwards, Scottish Poetry Library, Playwrights Studio Scotland, Newcastle University and The Scottish Fisheries Museum and Time and Tide, Great Yarmouth all promoted the projects which had the most obvious links to their work.

It was also reviewed favourably, with Peter Davis commenting for the Shetland Times: *"The increased use of online platforms, lack of shared physical experiences and simple isolation from gallery walls has been a challenge not only to an audience but also to the artists who rely on them. I'm hopeful that something of the pre-pandemic times will return but I sense that galleries and art organisations themselves will have realised that new opportunities for creativity and presentation have been developed due to the restrictions that Covid-19 has brought. Refresh now shows just a few ways of doing just that."*

Shetland Arts received some valuable, positive feedback from the artists involved in the commissioning process, who felt that Refresh Now gave them the opportunity to realise projects in a new context, to push their boundaries and develop new skills, which was the outcome hoped for by the team in the outset.

*"Thanks for...supporting us through the process of making The Muckle Stane! It was a total joy to make and it's great that people are enjoying it. I feel very proud of this film!"* Jen Hadfield



Supported by



*"thank you so much...for giving the project the go ahead. It has been a lovely thing to collaborate with such brilliant women on a wee film which has a lot of heart."* Gilly Bridle

*"A huge thank you to you and the Shetland Arts team, both from myself and Islesburgh Drama Group, for allowing us this wonderful opportunity under the Refresh Now. We have really appreciated all the help and support, and have enjoyed working alongside the team and learning new skills. We have really appreciated learning new marketing skills...It has been a pleasure working with everyone and I have certainly learnt new skills in terms of recording and editing...As a result of all the marketing we believe we had not only many of our usual audience across Shetland, but also friends and relatives abroad listening in live too and also on catch up. This type of performance is certainly reaching a very wide audience. Once again many thanks and I hope we may have another opportunity in the future to all work together"* Jennie Atkinson

*"Thank you for all your help and support wi dis. As you know, it has taken a huge amount of energy to do this type of work in the current covid days....but I have so loved doing it. I have learned so much about a new medium, and I now hope that folk oot there enjoy the piece, and find an uplifting message in there.....Tim did such a great job, and we had some fun doing the mix..."* Catriona Macdonald

*"It was such wonderful project to work on and of course we are grateful to have had the opportunity to bring it to life."* Chris Stout



Supported by





# Case Study: Student Showcase

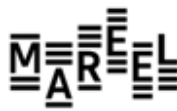
The intention of the event was to celebrate and showcase students' achievements over a particularly challenging academic year.



On Friday the 4<sup>th</sup> of June 2021 Shetland College UHI music students took to the stage in Mareel to deliver an end of term showcase. The student showcase is a regular event in Mareel, but this year, it was the only live performance students were able to undertake due to COVID restrictions. The event was also one of the first to take place after a long period of closure for Mareel and the first time many of the students performed in a 'professional' context in front of a live audience.



The Student Showcase is a celebration of the academic year and an opportunity for students to collaborate, showcase their work and highlight their talents. The Shetland Arts social outcome "Improve mental and physical health through active engagement in creative and social enterprises" resonated particularly strongly with this event. After a year of social distancing, performance restrictions, venue closure and lockdowns; The students and Shetland community were emerging from a very difficult and isolating period. This end of year concert highlighted a turning point for all involved; the mental health benefits from staging this event cannot be underestimated. The project involved 20 performers from the music courses offered



Supported by





in Mareel. These Included: two bands made up of 14-year-old **Vocational Pathway students**; a solo performance from NC student **Judah McCormack**; brothers **Shamus and Brodey Hutchinson**; and BA Applied Music students **Zdenka Mlynarikova, Adrian Ratter and Chris Coles** who played with his band **The Fiction**.

The event was recorded, and performance videos were released on the Shetland Arts Facebook page during the following week.

Some of the key takeaways from this event is how adaptable students and education staff are given the many challenges faced in staging an event of this type during lockdown restrictions, how beneficial it is to give students the opportunity to perform live in a professional context, and how important the events are in raising awareness of the education courses.

We feel the project met the intended outcomes and students, staff and audiences have all expressed enthusiasm for the student showcase events to continue in future.



Supported by





# MUSIC THERAPY SHETLAND

## END OF PROJECT REPORT

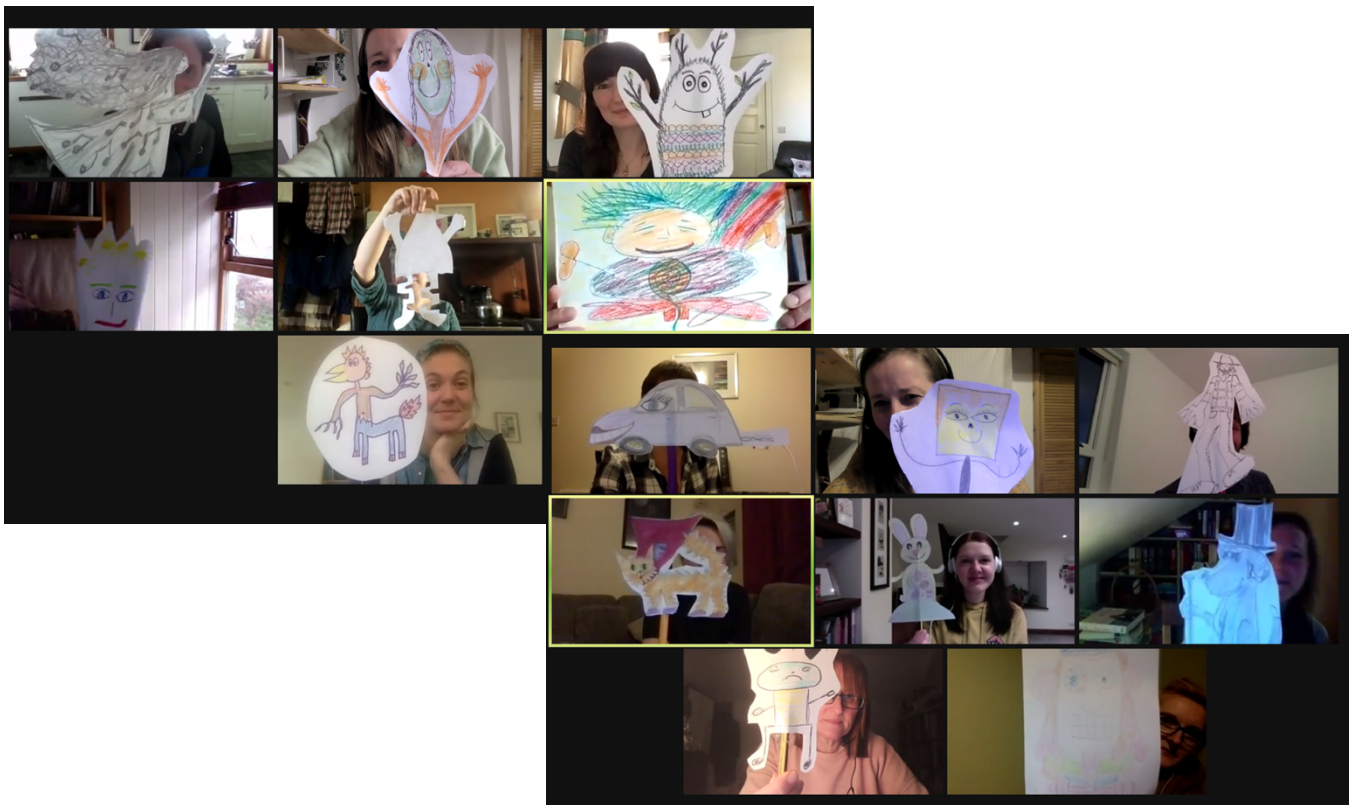
COMMUNITY ARTS PRACTICE PROJECT – CREATIVE ARTS WORKSHOPS  
March - June 2021

The main aim of the project was to “strengthen relationships between practitioners, acknowledge and celebrate the work that they do and to give space for people to focus on their own wellbeing practices.”

The project took the form of paid development workshops for 14 creative practitioners. A range of practical tools were introduced, and participants had the chance to explore and experiment with various techniques and creative approaches. The intention was to help them develop their own personal support systems with more clarity and confidence, to build relationships with each other and to expand their professional ‘tool kits’.

A series of fortnightly Zoom sessions were delivered in two groups which focused on:

- facilitating connection and sharing between practitioners from different disciplines
- specific, practical tools to support workshop leaders
- creative approaches from a holistic perspective of wellbeing
- gaining an overview of specific peer support systems

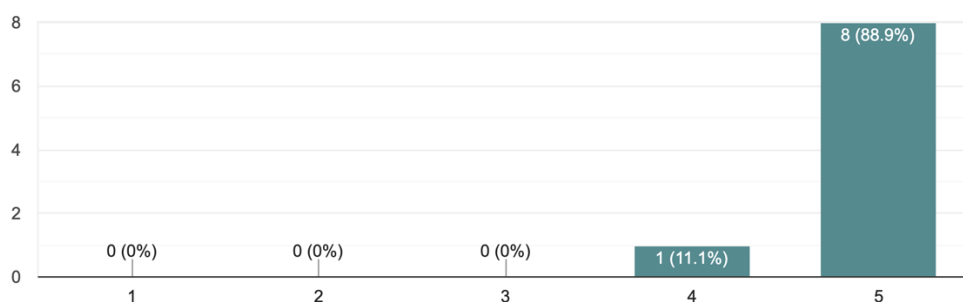


# HOW THE WORKSHOPS CONTRIBUTED TO THE SHETLAND ARTS SOCIAL OUTCOMES:

All participants were invited to fill out an evaluation questionnaire. 9 people have submitted them so far. Their responses have been arranged here next to the most relevant social outcome. Participants' comments are in italics.

## 1. Improved quality of life through greater access to creative and social experiences (Did you enjoy the experience?)

How would you rate your experience of the workshops overall  
9 responses



(1-terrible 5-excellent)

*I have enjoyed it so much, both in terms of learning and getting to know the other practitioners. Thank you for creating such a supportive, creative and thought-provoking space...I always think the universe just delivers things to you at the right time, and each subject matter in the weeks it was delivered was just at exactly the right time.*

*Thanks so much for providing a really enjoyable and thought-provoking course this last couple of months. Am so glad I got the opportunity to take part.*

*I really loved the session and I am feeling exceedingly blessed to have been given a place on this training! It is incredibly special to meet with people and share, learn and grow. Thank you for being such a brilliant host!*

*I just wanted to say again thank you for today. I found the sound exercises really helpful and inspiring!*

When leaves fall  
Magic happens

Today we came together

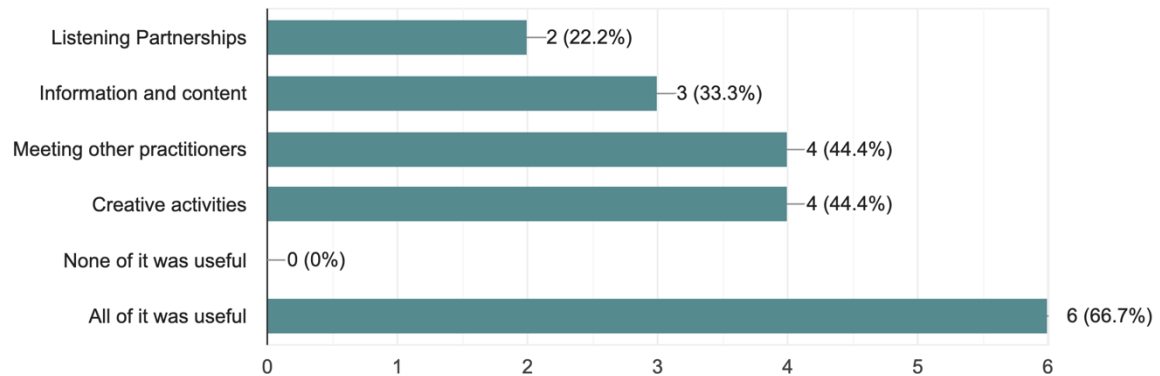


ideas fall from the tree  
leaves, nurturing the earth -  
allowing new shoots to take root.  
some grow, blossoming  
others falter, feeding the future

## 2. Improved opportunities through personal and professional transferrable skills (Did you learn any new skills?)

Which aspects of the course did you find most useful?

9 responses



*Learning how to listen completely and remembering what it feels like to be truly listened to. The space to hear about and consider new approaches to mental wellbeing.*

*It was interesting to explore problem solving using creative tools and challenged my thinking of creative practice crossing boundaries across all elements of our lives.*

*It flowed and each session gave me something to ponder or use in my teaching practice.*

*I have found this course very useful and will certainly use the techniques.*



### 3. Improved confidence to contribute positively through opportunities for self-expression and community involvement (Did it help you feel more confident?)

*I loved the connection between everyone in the group. It was lovely having a safe space and attentive listeners.*

*Connecting with the other participants and feeling part of a supportive and creative family. Meeting old friends and new, sharing creative thoughts and practise*

*Meeting creative people*

*Not having to be the organiser! Very therapeutic.*



leaves fall  
my soul lives in Earth  
lots of love  
hold me in your arms  
sunrise  
a new dawn is born

Leaves leave eagerly.  
Lave. Decay. Repair. Relief  
Turn over, new leaf.

Celebrate  
New  
Beginnings



#### **4. Improved feeling of inclusion and equality through greater understanding of other cultures and lifestyles (Did you learn about other people and their lives?)**

*Some of the subject matters touched on felt profoundly important. Alice and the other practitioners created a very safe space where we could connect and feel comfortable to share personal issues with each other. I enjoyed the variety and lightsome elements of the training as well as the more serious elements.*

*Made me think about things I would have said or done and now may well do differently.*

*Making me stop and self-reflect. I am in the middle of a practice based MEd that requires me to self-reflect and the content of this training has allowed me to view that self-reflection in more micro detail - how can I be more aware of the individual in my words and actions? Lots of extremely valuable food for thought.*

#### **5. Improved mental and physical health through more active involvement in creative and social experiences (Did it make you feel happier or more active?)**

*I thought the workshops were fantastic. It is something I feel I would love to continue in some capacity. In my personal life I am going through a very turbulent time and this course has helped me to hold on to some sense of identity with validation and support from other creative practitioners while learning so much along the way!*

*Loved meeting like minded people and I am hoping we can continue to meet as a group in the future.*

*I think the workshops were invaluable and it would be super to have an ongoing creative family/collective.*

*I thought the workshops were great, really friendly, well led and organised*

*It has been useful and important to have been part of this series for me and my practice.*

*It has been extremely valuable to have this space for self-reflection and share this experience with fellow practitioners. As a self-employed practitioner one can feel isolated and this has provided a great forum for shared experience and connection - thank you.*

## 6. Improved community sustainability through a more diverse creative economy (Do you think the project helped the Shetland economy?)

The fact that the participants were paid sent an important message to the practitioners that their wellbeing is valued and worth investing in. The economic benefits of supporting people and giving them space to be listened to and explore their own support systems is difficult to measure but should not be underestimated. Community sustainability is about building resilience. Experiences like this group demonstrate the potential impact on the wider Shetland population when facilitators themselves feel stronger, more connected, more confident and have more capacity to bring compassion to other people.

The health benefits (and therefore the increased sustainability) of having supportive, inclusive settings for people to be creative without judgement or expectations to perform or produce are also worth flagging up and could contribute greatly to the 'health' of any organisation.

On a practical level, as the facilitator, it helped me to develop new materials and pilot new workshops material (in particular the adapted active learning sets) which in future could be developed further and potentially offered to people outwith Shetland.





## **Further Comments: What could have been done differently?**

*I loved it all.*

*Maybe a 2 hour session with a longer break in between?*

*I thought it was an excellently paced and well-programmed series*

*I wouldn't change anything.*

*I feel disappointed I missed the start of most sessions, but that is nothing to do with the course and only to do with my own life commitments! I am grateful I never felt left out despite this and still felt a genuine sense of connection with everyone in the room.*

*I found the 4 minute talking time difficult to fill. But I managed. 3 minutes was perfect for me.*

## **Is there anything you would have liked to have had more of in the course?**

*It was a very balanced course.*

*More sessions*

*More drawing, writing?*

*More time in conversation with each other*

*Some practitioners were mentioned over the weeks - perhaps links to their work would have been nice (\*I have a hand out with all the links\* AR)*

*I would enjoy revisiting creative action learning sets. I loved all the subjects covered though and just found I wanted to go more in depth with every element!*

*No.*

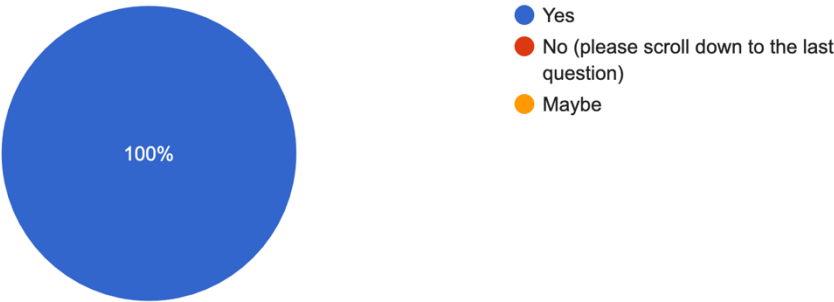
*Would have been great to meet face-to-face.*

# Recommendations:

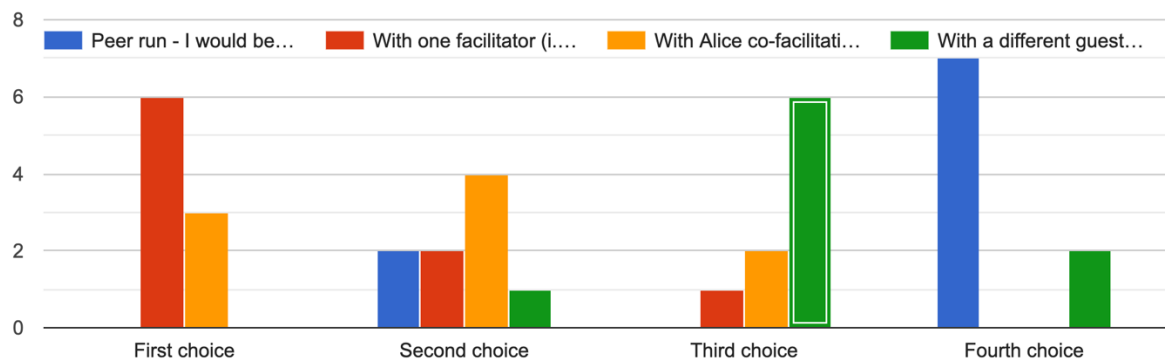
It was clear from the feedback that practitioners were keen to continue to meet in some form.

Would you be interested in continuing to meet up in some way?

9 responses



How would you like the group to be facilitated?



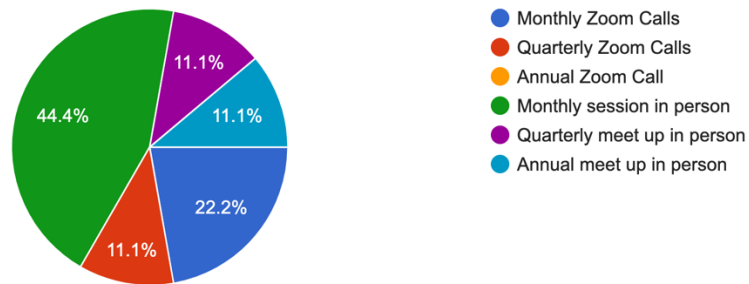
The strongest preference was to continue with one facilitator (i.e. Alice)  
The second strongest was with Alice co-facilitating with other specialists e.g. Art Therapist, Trauma Specialist, Enterprise Advisor etc.

Most people were keen to keep the same size of group and the preference for daytime and evening was split evenly.

Everyone said they would consider making some kind of financial contribution. The amount they would consider paying varied from £5-£15.

What would be your preference in how frequently to meet?

9 responses



I would be keen to discuss the possible continuation of the group and explore whether it is something Shetland Arts would be willing to support or if it is maybe something we could facilitate through Bigton Collective.

Thank you to Shetland Arts for the opportunity to run the group!

Alice Ritch

[musictherapysketland@protonmail.com](mailto:musictherapysketland@protonmail.com)

[www.aliceritch.com](http://www.aliceritch.com)



Indicative 2021/22 KPIs	Concerts, Screenings, Exhibition Days					Audience attendances					Development Sessions					Participations				
	Q1	Q2	Q3	Q4	Total	Q1	Q2	Q3	Q4	Total	Q1	Q2	Q3	Q4	Total	Q1	Q2	Q3	Q4	Total
1. Youth Arts	2				2	69				69	37				37	414				414
2. Education & Learning	1				1	180				180	169				169	506				506
3. Arts & Well-being	0				0	0				0	17				17	246				246
4. Development & Support	120				120	4524				4524	21				21	102				102
5. Programming	928				928	17028				17028	13				13	90				90
6. Recording Studio	0				0	0				0	19				19	48				48
Programme Total	1051	0	0	0	1051	21801	0	0	0	21801	276	0	0	0	276	1406	0	0	0	1406
SCT Annual Target					4229					161112					2218					20902
% of SCT Target					24.9%					13.5%					12.4%					6.7%